



Whitman County Public Health 2024 Impact Report

Growing a Thriving Community

Dear Whitman County Residents,

What does it look like to thrive locally? And how did Whitman County Public Health work toward growing a thriving community in 2024? The word "thrive" encompasses much more than an absence of physical illness. "Thriving" implies the presence of joy, growth, and good health.

This report highlights public health data and initiatives from the past year that illustrate how we carry out our mission and help people thrive. Some aspects of our focus in 2024 included:

Social Connections

Our Disconnect to Reconnect initiative gives youth and their families tools to talk about social media, put down their phones, and find ways to engage face-to-face. The campaign responds to the negative effects of social media on youth mental health. We held an art contest in rural schools together with the Whitman County Library District.

Preventing Drug Use & Overdose

Our 1Whitman initiative prevents youth drug use, and prevents drug overdoses. To prevent youth drug use, we made and distributed a card game, called Big Talk, to spark family conversations on boundaries, emotions, and risks of drug use. To prevent overdoses in Whitman County, we equipped the general community by distributing Narcan and medicine lockboxes.

Nutrition & Exercise

We're supporting our community to go "back to basics" because eating right and moving your body are so important to health. We offer education on low-cost ways to eat healthy and exercise so you can do the activities that allow you to thrive.

Please join us as we grow a thriving community through every season!

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Personal & Family Health

Supporting individuals, children and families to thrive in our community

Unless otherwise stated, data was collected from January 1st - December 31, 2024.

Whitman County Community Clinic

vaccines administered in our office

adult vaccines

vaccines

58%

clients were uninsured or underinsured

>100 vaccines given for school entry

Whitman County Community Clinics with Sid's Pharmacy

Mobile Community Clinics take place where people live, study, and work. Flu and COVID vaccines were given at no cost to individuals.

individuals received vaccines

schools visited

> early learning / child care site visited

government agencies visited

flu shots given

covid shots given

WIC (Women, Infants, & Children)

WIC clients receive nutrition education and nutritious food at no cost to them.

Data from January 1st - November 30th.

441

women, infants, and children were served from January-November 2024.

of the 441 are at high risk of poor nutrition without the program.

Personal & Family Health - Cont.

Safe Kids

Keeps kids safe while playing, sleeping, and traveling











"We work with WCPH in obtaining the car seats that the public needs, for people who don't already have their seats. The majority of our car seat checks are checks that are performed in conjunction with installation of a seat WCPH is providing. There's a lot of need out in the community and a lot of work we're doing is benefiting people who are getting their first car seat, getting people trained and educated on the proper use of the seat. It's been fun to work with WPCH and we are providing an amazing resource for the community. It's rewarding for us that parents can feel their kids are going to be safe."

– Pullman Police Department

312 swim lessons paid for

We pay for swim lessons for children to protect them from drowning. This activity is in partnership with rural community pools and Pullman Parks & Recreation.

Thank You to Safe Kids Community Partners!

Pullman Police & Fire Department

Distributed car seats, safe sleep cribs, medicine lockboxes

Local Medical Providers

Distributed safe home bags

Colfax Police Department

Distributed medicine lockboxes

Whitman County Library District

Distributed bike helmets

Substance Use Prevention Education & Resources (SUPER)

Distributed medicine lockboxes



Community Health

Harm Reduction

We aim to minimize the injury, disease, and death associated with substance use at both the individual and community level.

Narcan Rescue Kits

Narcan is a medication that saves lives if it's administered on time during an opioid overdose.

650

syringes returned in the Needle Exchange Program



The Needle Exchange Program exchanges used syringes for sterile syringes, reducing HIV and hepatitis. Collecting used needles prevents them from being dropped in community spaces like parks and playgrounds. It keeps everyone in our community safe, especially children.

688

Narcan Rescue Kits distributed

61

Narcan distributed

"Narcan gives us the chance to save lives—our neighbors, our friends, our mothers and fathers —reminding us that every overdose is a tragedy that touches an entire community."

– Corrin McMichael, MPH, CPH, Deputy Director, WCPH

1,950

fentanyl test strips distributed

Fentanyl and xylazine test strips are a simple, fast tool that can detect the presence of fentanyl or xylazine in drugs, which is crucial in preventing accidental overdoses. By using these test strips, individuals can check whether fentanyl or xylazine is in their drugs, helping them make safer choices and reduce the risk of overdose.

WCPH worked with WSU to distribute test strips on the WSU campus, along with a packaging that explains how to use the test strips correctly.

Community Health – Cont.

Disease Prevention

Protects the community from serious illnesses and educates the community to prevent disease outbreaks

After receiving positive lab report from medical providers, we conduct a case investigation:

- Interview the person who tested positive for the illness
- 2. Find source of notifiable condition
- 3. Determine likelihood the disease has to spread
- 4. Provide education so the person who is sick does not spread the disease
- If needed, follow up with others who may have been exposed

185

cases of reportable diseases investigated (not including COVID)

12

COVID outbreaks in long-term care

2

Norovirus outbreaks with 54 cases

1

Pertussis outbreak declared on Oct 2 with 88 cases

85
nimal bite reports
investigated

animals tested positive for rabies

5

people received treatment recommendations for potential rabies exposure



Highly Pathogenic Disease Surveillance

people monitored who were exposed to avian flu

Ebola Monitoring

Worked closely with hospitals, WSU, and SEL to be on alert for travelers coming from international areas with Ebola outbreaks

Community Data

WCPH provides public health data for Whitman County so community organizations have the data they need to improve our county's health. You can also request public health data! The service is open to any nonprofit, government entity, or school at no cost. Please go to WhitmanCountyPublicHealth.org to explore community health reports and request data.



Or visit **WhitmanCountyPublicHealth.org** and go to our Community Data Page under the Community Health tab.

Environmental Health

Working to make our communities healthier places to live, work, and play

Onsite Sewage Systems

Supporting our community to build new homes & developments on their land

site evaluations

final evaluations

Solid Waste

responses to solid waste complaints

Water Quality & Safety

We evaluate water systems & recreational facilities to ensure safety. All town water system reports are on our website. Scan the QR code below to view your town's water system report.

Drinking Water

drinking water systems evaluated

Recreation

20 pools & spas inspected 0%

of water recreation facilities failed first inspection

Food Protection

Scan the QR code below to view food inspection scores.

195
food establishments
inspected

81%

of all food establishments inspected **37**

school cafeterias inspected total Schools in Whitman County

Each school cafeteria is inspected twice throughout the school year.



Scan to View Water Reports

Or visit **WhitmanCountyPublicHealth.org** and go to our Water Quality page under the Environmental Health tab.



Scan to View Food Reports

Or visit **WhitmanCountyPublicHealth.org** and go to our Food Safety page under the Environmental Health tab.

Our mission is to protect & improve the health & wellbeing of Whitman County.



PULLMAN

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Pullman Location is moving! Soon we will be located at: 1240 SE Bishop Bvd, Ste. P, Pullman, WA 99163

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Want to learn more about what WCPH?

Visit our Website

WhitmanCountyPublicHealth.org

Follow us to stay up to date





